EATING, READING AND 'RITHMETIC

Choosing Books About Food for Kids

American Heart Association Kids' Cookbook edited by Mary Winston (Times Books, 1993)

The Apple Pie Tree by Zoe Hall, illustrated by Shari Halpern (Blue Sky/Scholastic, 1996)

The Beastly Feast by Bruce Goldstone, illustrated by Blair Lent (Holt, 1998)

Benny Bakes a Cake by Eve Rice (Greenwillow, 1993)

The Berenstain Bears and Too Much Junk Food by Stan and Jan Berenstain (RandomHouse, 1985)

Bread and Jam for Francis by Russell Hoban, illustrated by Lillian Hoban (HarperTrophy, 1986)

The Bread that Grew by Roberta L. Duyff (Milliken, 1987)

Brown Cow, Green Grass, Yellow Mello Sun by Ellen B. Jackson, illustrated by Victoria Raymond (Hyperion, 1995)

Bunny Cakes by Rosemary Wells (Dial, 1997)

The Carrot Seed by Ruth Krauss, illustrated by Crockett Johnson (Harpercrest, 1988)

Carnival by Denise Burden-Patmon (Modern Curriculum, 1992)

Chato's Kitchen by Gary Soto, illustrated by Susan Guevara (Putnam, 1995)

Cherries and Cherry Pits by Vera B. Williams (Morrow, 1986)

Chicken Soup with Rice by Maurice Sendak (HarperCrest, 1962)

Cloudy with a Chance of Meatballs by Judi Barrett, illustrated by Ron Barrett (Atheneum, 1978)

Corn is Maize: The Gift of the Indians by Aliki (HarperTrophy, 1986)

A Cow, a Bee, a Cookie, and Me by Meredith Hooper, illustrated by Alison Bartlett (Kingfisher, 1997)

The Doorbell Rang by Pat Hutchins (Greenwillow, 1986)

Eat Up Gemma by Sarah Hayes, illustrated by Jan Ormerod (Lothrop, Lee & Shepard, 1988)

Everybody Cooks Rice by Norah Dooley, illustrated by Peter J. Thornton (Carolrhoda, 1991)

Everyone Likes to Eat: How Children Can Eat Most of the Food They Enjoy and Still Take Care of Their Diabetes by Hugo Hollar and Debra Kaplan (Chronimed, 1993)

Fat Men from Space by Daniel Manus Pinkwater (Yearling, 1980)

First Tomato (Voyage to the Bunny Planet) by Rosemary Wells (Dial, 1992)

Frog Goes to Dinner by Mercer Mayer (Demco, 1977)

Fruit by Gallimard Jeunesse and Pascale Be Bourgoing (Scholastic, 1991)

A Garden for a Groundhog by Lorna Balian (Humbug, 1994)

Germs! Germs! Germs! by Bobbi Katz, illustrated by Steve Bjorkman (Cartwheel, 1996)

The Gingerbread Boy by Paul Galdone (Demco, 1983)

Green Eggs and Ham by Dr. Seuss (RandomHouse, 1960)

Gregory, the Terrible Eater by Mitchell Sharmat, illustrated by Ariane Dewey and Jose Aruego (Simon&Schuster, 1980)

Growing Vegetable Soup by Lois Ehlert (Harcourt, 1990)

The Ghost's Dinner by Jacques Duquennoy (Golden Books, 1996)

"Hi, Pizza Man!" by Virginia Walter, illustrated by Ponder Goembel (Orchard, 1995)

How Pizza Came to Queens by Dayal KaurKhalsa (Crown, 1989)

How to Make an Apple Pie and See the World by Marjorie Priceman and T. Gates (Dragonfly, 1996)

I Don't Like Peas by Marie Vinje (SchoolZone, 1993)

If You Give a Mouse a Muffin by Laura Numeroff, illustrated by Felicia Bond (HarperCollins, 1991)

If You Give a Mouse a Cookie by Laura Numeroff, illustrated by Felicia Bond (HarperCollins, 1985)

If You Give a Pig a Pancake by Laura Numeroff, illustrated by Felicia Bond (HarperCollins, 1998)

If You Give a Pig a Pancake by Laura Numeroff, illustrated by Felicia Bond (HarperCollins, 1998)

I Know an Old Lady Who Swallowed a Pie by Alison Jackson, illustrated by Judith Byron Schachner (Dutton, 1997)

Little Nino's Pizzeria by Karen Barbour (Harcourt, 1990)

Lunch by Denise Fleming (Holt, 1992)

The Magic Porridge Pot by Paul Galdone (Houghton Mifflin, 1979)

Mama Provi and the Pot of Rice by Sylvia Rosa--Casanova, illustrated by Robert Roth (Atheneum, 1997)

Max's First Word by Rosemary Wells (Dial, 1998)

The Milk Makers by Gail Gibbons (Aladdin, 1987)
More Spaghetti I Say!
by Rita Golden Gelman, illustrated by Mort Gerber (Cartwheel, 1993)

Mouse Mess by Linnea Apslind Riley
(Scholastic, 1997)

Mudluscious: Stories and Activities Featuring Food for Preschool Children
by Jan Irving and Robin Currie (Libraries Unlimited, 1986)

My Little Island
by Frane Lessac (Harpercrest, 1985)

Never Take a Pig to Lunch and other Poems about the Fun of Eating
selected and illustrated by Nadine Bernard Westcott (Orchard, 1994)

Oh, No, Toto! by Katrin Hyman Tchana and Louisa Tchana Pami, illustrated by Colin Bootman (Scholastic, 1997)

Oliver’s Fruit Salad by Vivian French, illustrated by Alison Bartlett (Orchard, 1998)

Oliver’s Vegetables by Vivian French, illustrated by Alison Bartlett (Ochard, 1995)

Peanut Butter and Jelly: A Play Rhyme
illustrated by Nadine Bernard Westcott (Dutton, 1992)

Picnic Farm by Christine Morton, illustrated by Sarah Barringer (Holiday House, 1998)

Piggie Pie by Margie Palatini, illustrated by Howard Fine (Clarion, 1995)

The Popcorn Book by Tomie de Paola (HolidayHouse, 1988)

The Popcorn Dragon by Jane Thayer, illustrated by Lisa McCue (Morrow, 1989)

The Popcorn Shop by Alice Low, illustrated by Patti Hammel (Cartwheel, 1994)

Pretend Soup…and Other Real Recipes
by Mollie Katzen and Ann Henderson (Tricycle, 1994)

Pumpkin, Pumpkin
by Jeannie Titherington
(Morrow, 1988)

Rabbit Seeds
by Bijou Le Tord (Yearling, 1993)

The Rattlebang Picnic
by Margaret Mahy, illustrated by Steven Kellogg (Puffin, 1998)

Sassy Gracie by James Sage, illustrated by Pierre Pratt (Dutton, 1998)

Science Fun with Peanuts and Popcorn
by Rose Wyler (Julian Messner, 1986)

The Seasons of Arnold’s Apple Tree
by Gail Gibbons (Harcourt, 1988)

Sheep Out to Eat by Nancy Shaw, illustrated by Margot Apple (Houghton Mifflin, 1992)

Smiles for Smiles
by Roberta L. Duyff (Milliken, 1989)

Still-Life Stew
by Helena Clare Pittman, illustrated by Victoria Raymond (Disney, 1998)

Stone Soup
by Marcia Brown (Atheneum, 1989)

Strega Nona
by Tomie DePaola (Aladdin, 1988)

Sweet Dream Pie by Audrey Wood, illustrated by Mark Teague (Scholastic, 1998)

Tiger Soup: An Anansi Story from Jamaica
retold and illustrated by Francis Temple (Orchard, 1994)

Turnover Tuesday by Phyllis Root, illustrated by Helen Craig (Candlewick, 1998)

Warthogs in the Kitchen: A Sloppy Counting Book
by Pamela Duncan, illustrated by Henry Cole (Disney, 1998)

What a Good Lunch!
by Shigeo Watanabe (Philomel, 1980)

What’s for Lunch? by John Schindel, illustrated by Kevin O’Malley (Lothrop, Lee & Shepard, 1994)

What We Eat: A First Look at Food
by Sara Lynn and Diane James (World Book, 1997)

Young Chef’s Nutrition Guide and Cookbook
by Carolyn E. Moore, Mimi H. Kerr and Robert J. Shulman (Barron’s, 1990)

Yum, Yum, Yummy
by Martin Waddell, illustrated by John Bendall-Brunello (Candlewick, 1998)

Good nutrition reading for parents:
Child of Mine...Feeding with Love and Good Sense by Ellyn Satter (Bull, 1991)

Food Fight: A Guide to Eating Disorders for Preteens and Their Parents
by Janet Bode (Simon&Schuster, 1997)

How Should I Feed My Child?
by Sandra Nisenberg, Margaret Bogle, et al. (Chronimed, 1993)

If Your Child Is Overweight: A Guide for Parents
by Suan M. Kosharek (American Dietetic Assoc., 1993)

Meals without Squeals:
Child Care Feeding Guide and Cookbook
by Christine Berman and Jacki Fromer (Bull, 1997)

Play Hard, Eat Right: A Parents’ Guide to Sports Nutrition for Children
by The American Dietetic Association (Chronimed, 1995)

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